

# KALIKAHPET

In This Issue	
Snuikuutem 2010	2-3
Living with Grief...	4
Birthdays/Anniversaries	6
Community Events	7



# Thank You, Santa!



The Port Graham School students held their Christmas program at the school on December 29th at 7:00 p.m. Santa Claus distributed gifts to the students and all the younger children provided by the village council office. The village council received donations from several businesses and was able to purchase gifts and goodies to provide for the children at the program. Thank you to all the people and businesses that made this possible. The children were very happy and grateful to receive these goodies.

*Thank You,  
For making  
it all  
possible!*


~

*Port Graham  
Village Council  
Port Graham Corp.  
Variety Store  
Lloyd Stiassny  
Spenard Builders  
Supply  
Chugachmiut  
Altman & Rogers  
Co.  
Sam Fortier  
Chuguach Alaska  
Corporation  
Homer Electric*






# Snuikuutem! 2010



Thanks to our wonderful musicians for the best masking music! Thanks to Felicia and Becky for working on the ribbons, and thank you Jeff for your assistance with Violet at the New Year's program. Thanks to all the community members who brought the best tasting foods to share. It was another wonderful New Year's Celebration.

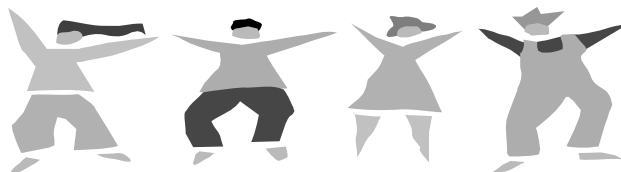
This year's band members were Ralph Moonin, Ben Moonin, Ryan Meganack and Pat Norman. Bravo!



The "Old Ladies" were Travis Norman, Alex Moonin, Arthur Moonin, and Tim Malchoff. The "Old Year" was Reuben Norman. The "MP" was Kristin Norman. The "New Year" was Jonathan Anahonak. Great job!

The "Calendar Girls" were Polly Thiel, Kimber Moonin, Joleen Moonin, Bonita Jager, Melissa Hetrick, Barbara Swenning, Luba Anahonak, Heather Odomin, Marcella Norman, Adrienne Moonin, Christalina Jager, and Violet Yeaton. Thank you, Violet, for organizing the New Year activities!

Another big THANK YOU to Ephim and Melinda Kamluck for the fireworks display! Yeah!





*Photos taken by Jeff McMullen Thank You!*

# *Living with Grief and Loss*

For most people, the experience of grief is one of the most difficult things we will face in life. When we think of grief we usually think of the pain and sadness we feel following the death of someone we love. However, grief is a response to loss, and we can grieve many types of losses. For example divorce, moving, losing a job or changing jobs, a child growing up and leaving home, etc. can all leave us experiencing feelings of grief.

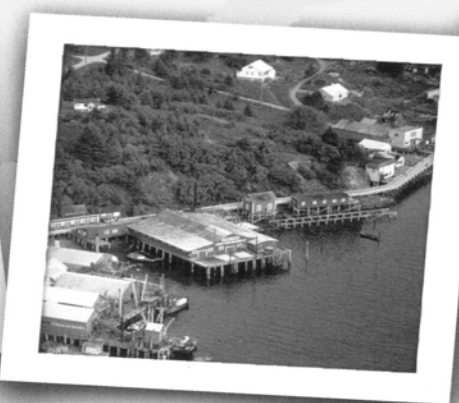
There is no one way to describe what grief looks like or feels like. Depending upon the type of loss we experienced, our grief may feel like moderate sadness or depression, or in the case of the death of someone we are very close to, it may feel literally like the end of the world. In some ways this is a true description of our emotional response, as the death of someone we love is the end of the world as we knew it and lived it with that person.

Because each relationship is unique, each of us will have a unique grief response to the death of someone important in our life. Often grief leaves us with many conflicting emotions and feelings. We may find ourselves feeling angry toward the person who died; or angry at God; or we may feel a sense of relief if our loved one has suffered, or their care has been difficult. This leads to the important point that there is no "right way," to grieve. Feelings of grief, are just that, feelings, and feelings are neither good or bad, right or wrong. They just are. Accepting our feelings, being with them, allowing ourselves to simply feel what we feel, without judgment, is the surest way to heal through our grieving journey.

Anniversaries, birthdays, holidays, date of death, etc. are often times when our feelings of grief will revisit us, even years or decades after our loss. This is natural, and does not mean we haven't grieved properly. In fact, each such experience is one more small step in our grief process, and a chance to both learn, teach and continue to heal. If we find tears in our eyes when we remember a loved one who has died, and our child or grandchild asks us "what's wrong," we have a wonderful opportunity to explain what it is to miss someone we love who has died. It is a chance to tell a story about that person, and to help our children and grandchildren understand that grief is a natural and important part of being a healthy and whole person. Grief is a testament to the fact that we can love. If we could not love each other, we would not be able to grieve. In the end, grief is a reminder of that love.

Gary Weglarz  
Counselor





# SNAPSHOTS AT STATEHOOD

**A Focus on Communities That  
Became the Kenai Peninsula Borough**



*Alaska's*  
**Kenai Peninsula  
Historical Association**



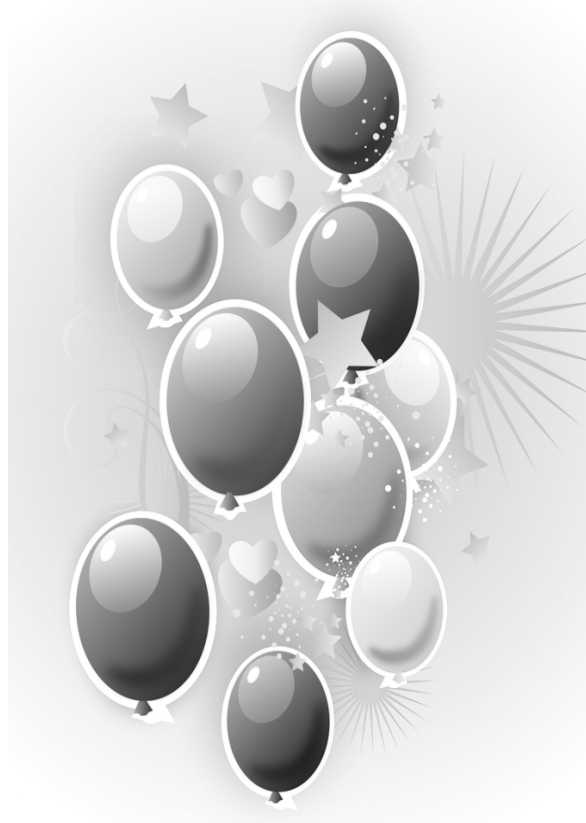
These books can be purchased for \$8.00.  
Contact Violet at the council office. Hurry, there is only a few copies left!

# Happy Birthday!



## January

- 1 Jerry Hanson
- 2 Wayne Norman
- 3 Samantha McMullen
- 3 Harrietta McGhan
- 4 Pam Breedlove
- 4 Charles Mumchuck
- 4 Anesia Metcalf
- 4 Seraphimia Ukatish
- 5 Agnes Miller
- 6 Anna Sue Ukatish
- 7 Ephimia Moonin-Wilson
- 8 Vanessa Norman
- 14 Storman Norman
- 16 Mary Malchoff
- 23 Jerry Robart
- 25 Darren Moonin
- 28 Luba Anahonak
- 28 Sharon Elvsaaas
- 29 Rochelle Hanson



## February

- 1 Thomas Sawden Jr.
- 2 Mark Mumchuck Jr.
- 2 Jim Labelle Jr.
- 3 Debbie McMullen
- 7 Albert Young
- 8 Reuben Norman
- 9 Ivan Meganack
- 11 Laura McMullen
- 11 Forest Kvasnikoff
- 14 Simeon Kvasnikoff Sr.
- 16 Donna Malchoff
- 17 Kristen Norman
- 18 Sarah Meganack
- 18 Paul Moonin
- 20 Timothy (Neal) Hedrick
- 21 Clara T. Moonin(Lil)
- 21 Melvin Malchoff
- 23 Lydia McMullen
- 24 Alicia Malchoff
- 24 Cyrena Joseph
- 26 Dannielle Malchoff
- 26 Katrina Dupree
- 28 Arthur Moonin
- 28 Leonard Ukatish
- 28 Monique Cook

# Happy Anniversary!



- Jan 23 Tom & Feona Sawden
- Jan 26 Herman & Karen Moonin
- Jan 27 Cliff & Harrietta McGhan

# COMMUNITY EVENTS

**FUN NIGHT AT THE CENTER**  
 The center is open on **MONDAY** nights  
**7:00-10:00 p.m.**  
 and everyone is welcome to join in activities like arts & crafts, games, and playing music. So come on by and participate in the **FUN**.

**SPEED LIMIT**  
**15 MPH** on all roads, except for the back road starting from Wayne Norman's intersection to the first street light before Duncan Heights Subdivision is **20 MPH**. REMEMBER-Pedestrians have the right of way!

**OPEN GYM NIGHTS**  
 The school gym can be opened in the evenings during the week and weekends by a "key-signer" and you can practice basketball, volleyball, etc. Contact the school for more information.

**12-STEP SUPPORT GROUP MEETINGS**  
 at 12 NOON on **Mondays and Fridays** in the Clinic Conference Room. (*If the Clinic door is locked for lunch, go around to the back door.*)  
**EVERYONE IS WELCOME TO THESE OPEN MEETINGS**

**PROVIDERS SCHEDULE**

- Gary Weglarz**, BH Clinician/Chugachmiut 907-284-2247  
*(in PG Office Mon, Tues, Weds mornings and in Nanwalek Wed-Thurs)*
- Michelle Hosford**, Social Worker/ Chugachmiut 800-478-4155
- Mercedes Harness**, SP Haven House 907-235-7712
- Meg McKinney**, DV Counselor/Chugachmiut 907-255-6342

If you have questions or need to schedule an appointment with these providers you can contact **Mary Malchoff** at the PG Council Office 284-2227

**PG LIBRARY COMPUTER**  
 is available to find jobs with the State of Alaska Jobs site and to enroll in the State of Alaska Library system, and also to check emails and general research. If any of the rules are broken you will lose your privilege to use the computer.  
 Hours of Operation are:  
 9:00 am –12:00pm  
 1:00pm-4:00pm

**PORT GRAHAM VILLAGE COUNCIL**

P.O. Box 5510

Port Graham, AK 99603

Phone: 907-284-2227

Fax: 907-284-2222

You can find a copy of  
this newsletter on the  
Web at:

[www.portgraham.net](http://www.portgraham.net)

**LOCAL BOX HOLDER**

P.O. Box 55\_\_

Port Graham, AK 99603

**PORT GRAHAM  
VILLAGE COUNCIL  
MEMBERS:**

- **Patrick Norman,**  
*First Chief*
- **Martin Norman,**  
*Second Chief*
- **Agnes Miller,**  
*Secretary*
- **Debbie McMullen,**  
*Treasurer*
- **Stella Meganack,**  
*Member*
- **Walter Meganack Jr.,**  
*Member*
- **Melvin Malchoff,**  
*Member*